

Growing Healthy Families

MIDDLEBURY DISTRICT OFFICE • Vermont Department of Health, WIC Program
156 South Village Green, Middlebury, VT 05753 • 1-802-388-4644 or 1-888-253-8804



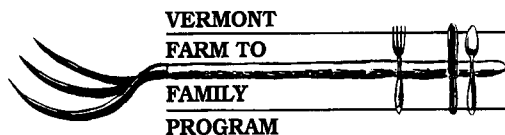
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Saturday, June 28	9:00 a.m.–12:30 p.m.	Middlebury Farmers' Market Marbleworks by the falls
Wednesday, July 9	9:00 a.m.–12:30 p.m.	Middlebury Farmers' Market Marbleworks by the falls
Saturday, July 26	10:00 a.m.–1:00 p.m.	Bristol Farmers' Market Bristol Park on the green
Thursday, July 31	3:00–6:30 p.m.	Vergennes Farmers' Market City Green
Wednesday, August 13	9:00 a.m.–12:30 p.m.	Middlebury Farmers' Market Marbleworks by the falls
Friday, August 29	1:00–2:30 p.m. <i>Call ahead for coupon availability</i>	Middlebury WIC office conference room 156 South Village Green

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.

